

Strengthening Believers in Trials

This is a powerful and insightful prayer focus! The metaphor of spiritual segments as parts of our spiritual vertebrae is a compelling way to illustrate how we can withstand the trials of life by relying on the Word of God. Here is a structured format to present this prayer focus:

Prayer Focus: Strengthening Believers in Trials

Jesus' Attitude

When a person is experiencing a trial, attitude is very important.

Quote:

“Our attitude tells us what to expect from life. Like an airplane, if our “nose” is pointed up we are taking-off; if it is pointed down, we are headed for a crash. What is your attitude direction?”
— John Maxwell

Spiritual Segments

To assist believers through trials, we can build **spiritual segments**.

What are Spiritual Segments?

They are portions of God's Word combined with practical application. Each portion helps us maintain a “Jesus' attitude” during life's storms.

Insights:

- **Analogy of the Spine:** The vertebrae of a person's back consist of individual segments that allow the spine to bend. Similarly, believers need spiritual segments to bend rather than break in the face of adversity.
- **Bending Capabilities:** The more spiritual segments we have, the more we can bend and be used by God during life's challenges.

Prayers

First Prayer:

Pray that every believer in Christ Jesus makes the time to develop spiritual segments (spiritual vertebrae).

Second Prayer:

Pray that every believer in Christ Jesus maintains a Jesus attitude by applying their spiritual segments as they go through trials.

This format can serve as a guide for those leading or participating in the prayer focus, helping to clearly communicate the concept and the specific prayers to lift to our heavenly Father.

Thank you for your prayer efforts in Jesus' name! [Click here for more.](#)